



## FOR IMMEDIATE RELEASE

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## MainStream GS, LLC Accelerates its Focus into the Health Care Market

MainStream Improves Patients' Management of Chronic Diseases by Implementing Innovative Approaches

**BETHESDA, MD (March 11, 2013)** — MainStream Global Solutions, LLC ("MainStream GS"), a global management consulting firm is accelerating its focus into the health care market. MainStream is investing additional time and resources to make tangible progress against some of the biggest healthcare challenges facing our nation and the world. The Centers for Disease Control (CD) estimates over \$3 trillion per year is spent on health care in the United States alone. These costs have risen dramatically year-on-year over the past decade and are primarily driven by a core set of chronic diseases that have overwhelmed the system. Moreover, the CDC estimates 60% of these costs are preventable by utilizing a team-based approach to health care.

MainStream has established a partnership with an innovative chronic disease management platform called OneCare. OneCare facilitates Team-Based Health Care and advocates the concept of "Self Care" with patients. This approach assists patients by utilizing the support of a connected team to help manage patients' chronic diseases. With OneCare, a diabetes patient can get support from his or her connected care team to help them adhere to their physician prescribed care plan. The connected care team is instantly alerted via text or email to issues, concerns, missed appointments, or treatments with the patient.

MainStream is a strategic consulting partner for the OneCare platform. "MainStream and OneCare are embarking on several strategic pilot projects this year to further demonstrate the power and impact of a connected care team," said MainStream GS President, Alan J. Horowitz. "We are seeing enormous interest in the OneCare platform and how it can seamlessly connect patients with their personal care teams to help them better manage their chronic diseases, improve their health, and reduce overall costs"

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## **About MainStream Global Solutions, LLC**

MainStream GS is a Veteran Owned Small Business management-consulting firm with a mission of assisting customers by increasing performance and sustaining gains. This mission is accomplished by integrating change management, technical tools, and industry best practices. MainStream is a GSA MOBIS schedule holder for management consulting services available to all federal government agencies.

www.mainstreamgs.com

## **About OneCare**

OneCare is a revolutionary patient care engagement platform that uses a private and secure HIPAA Compliant, social network via web and mobile technologies to connect patients and their personal health information with their doctors, other professional/clinical caregivers, and with a family care team. OneCare empowers individuals with the tools and information necessary in order to live a healthier, happier life, take control of health information, and connect with the entire care team.

www.onecare.me